



#### Update Parent |

A Newsletter for Families of Those Residing at the Southwestern Virginia Training Center

### Annual Summer Kick-off with Larry South

















Summer got kicked-off with SWVTC's Annual Summer Dance Party featuring DJ Larry South. This year's theme was patriotic and good ole apple pie al a mode was the dessert served to get everyone into the patriotic backyard BBQ spirit. Everyone was kickin up their heels to the musical stylins of the Beach Boys, the Beatles, Alabama and other great artists from the past. DJ South made sure everyone went home happy with a smile on their face and a song in their heart!!!

Jessica is really enjoying her apple pie and vanilla ice cream!!

Look it's everyone's favorite DJ, Larry South!!!



Everyone shows their patriotic spirit at this year's freedom parade!!!

Continued on Page 2

#### July-August 2009 Newsletter

#### Inside this issue:

Summer Kickoff

More Fun Sum-2 mer Kick-off

1st Annual Staff 3 Basketball Game

Car Club 4 Torch Run

TAP SUMMER 5

Freedom 6 Parade 2009

A Note from Abby 7

#### Special points of interest:

- FUN IN the SUN at SWVTC
- Staff shows their SWVTC spirit!!
- There are many clubs to choose from at SWVTC.

### .MORE SUMMER FUN!!!!!!



Andy G is swinging Abby Adkins around his chair. Look at them go!!!!

Sam B is shaking a leg!!! He looks like he is having a great time!!

July-August 2009 Page2

### 1st Annual Staff Basketball Game

The staff at SWVTC tried to give everyone some real entertainment with the very 1st Annual Staff Basketball Game. The Individuals who live at the Training Center were delighted to come out for the evening to cheer on their favorite staff basketball team. There were four teams that played against each other and the two winners played in the championship round. Each person who came to the game was issued a ticket which was redeemable for popcorn and a soda between games. What a fun night for all who participated!!!





Left:Rebekah and Kevin both go up during tip-off. Look at that girl JUMP!!!

Above Middle: There was even a real referee!!

Above Right: Kevin proudly accepts his ticket into the basketball game.



Rebekah Gravely, Eddie B. and Nobel had fun playing a pick-up game of B-ball during half-time.



The winning team (Michael, Kevin, Calvin, and Abby)!!!!

### Remote Control Car Club



The Remote Control Car Club is a big hit at SWVTC. Everyone has fun trying to race their car to the finish line. Eddie Alford and Tony C. are really enjoying seeing their cars race around the track. Corey, recreational therapist, is playing with one of the bigger remote control cars. This is just one of the many clubs to join at SWVTC!!!!

# Nobel takes part in the Law Enforcement Torch Run in Galax!!!!

On June 6th Nobel took part in the Law Enforcement Torch Run in Galax which started at Carquest and ended at Lowe's. He was accompanied by Police Officers from City of Galax, VA State Police, and other Special Olympians from Carroll County. The Torch Run is held annually across the state of VA to raise money for Special Olympics. WAY TO GO NOBEL!



Photo taken by 1st Sqt. Musser, VA State Police

Page 4

TAP SUMMER 2009

Therapeutic Activity Program



Danny 8B, Corey, Marlene, Cheryl 6D, and a RU student going on a boat ride.



Tom Smith and Pleasant H. fishing in Claytor Lake.







Thomas B. enjoys flying from the ceiling at Radford University!!!

Page 5 July-August 2009

## Freedom Parade 2009



Everyone agrees this year's freedom parade was one of the most successful parades that SWVTC has ever seen. We had over 50 different entries. From a two-story shopping cart to the famous Kazim Hillbillies, the place to be Friday afternoon June 26th was at Southwestern Virginia Training Center. Fries, Hillsville, and Carroll County Fire Dept. came along with VA State Police, City of Galax and Carroll County Police Departments. We had motorcycles, horses, donkeys, dogs, lawnmowers, and lots of antique cars. We are very fortunate the people of Southwestern Virginia care so much!!!



Dennis Shrewsberry aka Uncle Sam

Eddie B

Page 6

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# HELP FOR PARENTS AND ASSOCIATES ADVOCATE COUNCIL (PAAC)

OUR GROUP NEEDS YOUR HELP! IS ANYONE INTER-ESTED IN SERVING AS PRESIDENT OF THE SWYTC PAAC? THE DUTIES INCLUDE CHAIRING PAAC MEETINGS AND OC-CASIONALLY REPRESENTING PAAC AT MEETINGS OR WRIT-ING LETTERS ON BEHALF OF THE MEMBERSHIP. THE PER-SON WHO SERVES IN THIS POSITION WILL HAVE ASSIS-TANCE FROM THE FACILITY WHENEVER NEEDED. PLEASE CONTACT YOUR SOCIAL WORKER IF YOU ARE INTER-ESTED.

WE NEED YOUR HELP!!

### LIFE at SWVTC

VISION: Living
Independently and
Functionally Everyday
MISSION: Support Work
Value Teach Communicate

### A Note From Abby

Well we have made it half way

through this extremely busy summer. From parades to the summer kick-off, to basketball and soccer games we are trying our best to enjoy every minute of summer here at SWVTC. We still have the antique cars show coming to the training center on July 26th at 1:30pm which everyone is welcome to come out and see. In the past we have found this to be a very fun event for everyone involved!!!

We are looking forward to the annual PAAC picnic and have set the date for October 3rd, 12:00 at the Therapeutic Playground beside building 4. As usual it will be a pot luck luncheon in which everyone brings their favorite dish to share with the group. We are still actively searching for a PAAC President so if anyone is interested in learning more about it please don't hesitate to call me. I hope that everyone has a great rest of the summer and can't wait to see you in October!!! A lot of work has been done to the Memorial Garden. This would be a great time for everyone to see the new and exciting renovation that has taken place!!!